

**Discussion Questions**  
***The Choices We Make***  
**Jean Fleming**

Question 1:

Jean described her first date with Jesus not as a “spiritual discipline”, but as a “spiritual aphrodisiac”. If you trust and follow Christ, take a moment to think of a few words that describe your experience of Jesus back when you first believed.

Question 2:

We cannot create desire for God, but we can feed it with discipline or drain it by neglect. Name 1-3 things you’ve found have fed your desire for God? Name 1-3 things that can lead you to neglecting feeding that desire?

Question 3:

Jean said this,

*“It’s in my date with Jesus that I see Him, that He reminds me that I am His and He is mine, that He reminds me I’m forgiven and blessed, and that He measures success differently, that there are invisible realms, that my life is hid with Him in God, and that where I’m weak, He’s strong. It’s in my date with Jesus that transformation begins from the inside out, that He gives me something fresh to give to the generations behind me.”*

Which of these blessings of a personal time with God do you most long for? Would you add any others you’ve experienced?

Question 4:

Jean said the choice to keep her “daily dates with God” kept her from frittering her life away. What would a life “frittered away” look like in your mind? How do you think her “dates with Jesus” kept her from that? Why do you think she emphasized “keeping [her dates with Jesus] an affair of the heart”?