

Final Applications & Accountability Plans (10 min)

1) **Read your previous journal entries from these studies and highlight key applications. Use these key ideas to make an action plan for next steps.**

- What are some first steps you could take to work toward a healthy and growing transition?

- What would you especially like to ask people to pray for you? Who will you ask?

2) **PRAYER/SEND OFF (ABOUT 15 MINUTES DEPENDING ON THE SIZE OF THE GROUP)**

Pray over each individual one at a time as a group, if possible.