

Time In God's Word

A Heart That Hopes Week 3: Heart Track Bible Study

Read the following verses, circling every time you see the word **hope**. What do you observe about **hope** from these verses?

Psalm 33:18 But the eyes of the LORD are on those who fear him, on those whose hope is in his unfailing love, (NIV)

Psalm 33: 22 May your unfailing love be with us, LORD, even as we put our hope in you. (NIV)

Psalm 130:5 I wait for the LORD, my whole being waits, and in his word I put my hope. (NIV)

Psalm 147:11 the LORD delights in those who fear him, who put their hope in his unfailing love. (NIV)

Proverbs 13:12 Hope deferred makes the heart sick, but a longing fulfilled is a tree of life. (NIV)

Isaiah 40:31. but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. (NIV)

Jeremiah 29:11 For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. (NIV)

Romans 5:2-7 through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. 3 Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; 4 perseverance, character; and character, hope. 5 And

hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us. 6 You see, at just the right time, when we were still powerless, Christ died for the ungodly. 7 Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. (NIV)

Romans 8:24. 24 For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? 25 But if we hope for what we do not yet have, we wait for it patiently. (NIV)

Romans 15:13 May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. (NIV)

Ephesians 1:18 I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, (NIV)

1 Thessalonians 1:3 We remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ. (NIV)

Hebrews 10:23 Let us hold unswervingly to the hope we profess, for he who promised is faithful. (NIV)

1 Peter 1:3-6 Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, 4 and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you, 5 who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time. 6 In all this you greatly rejoice, though now for a little

while you may have had to suffer grief in all kinds of trials. (NIV)

Based on the verses above (and any others that come to mind) answer the following questions:

1. What is hope?

2. Where does hope come from?

3. What are we supposed to hope in?

4. In 1 Peter 1:3-6, Peter mentions "a living hope." What comes to mind when you consider that?

5. What difference does hope make in being Jesus' disciple? How have you experienced this in your life?

6. What happens when hope is missing?

7. How does having a heart that hopes relate to discipling women? (See 2 Corinthians 3:5-6 and 2 Corinthians 9:8). What is the connection between these verses and hope?

8. How does this connect with your life?

9. What could you do to keep growing a heart that hopes? How do you sense the Lord inviting you to respond to what He's impressed on your heart today? What will you do with this?