

# *Time in God's Word*

A Heart That Is Humble  
Week 2: Bible Study

## *1. What Is Humility?*

Draw a picture of what comes to mind when you think of humility. How does this image connect with your life? Is there a story behind this?

## *2. Humility vs. Pride*

Considering the opposite of something can often yield insights to help us better understand what we are studying.


It can also help to look at the Greek definition. The Greek word for Humble is 'tapeinos' The Greek word for proud is 'hyperephanos.'

Interlinear Online

← Jas 4

G5011 - *tapeinos*

ταπεινός

**Transliteration:** *tapeinos* 

**Pronunciation:** tap-i-nos'

**Part of Speech:** adjective

**Root Word (Etymology):** Of uncertain derivation

**TDNT Reference:** 8:1,1152

**Outline of Biblical Usage:**

- I. not rising far from the ground
- II. metaph.
  - A. as a condition, lowly, of low degree
  - B. brought low with grief, depressed
  - C. lowly in spirit, humble
  - D. in a bad sense, deporting one's self abjectly, deferring servilely to others

**KJV Translation Count:** 8x  
**The KJV translates Strong's G5011 in the following manner:** of low degree (2x), humble (2x), base (1x), cast down (1x), of low estate (1x), lowly (1x).


**Strong's Definitions:** ταπεινός *tapeinós*, tap-i-nos'; of uncertain derivation; depressed, i.e. (figuratively) humiliated (in circumstances or disposition):—base, cast down, humble, of low degree (estate), lowly.

Interlinear Online

← Jas 4

G5244 - *hyperēphanos*

ὑπερήφανος

**Transliteration:** *hyperēphanos* 

**Pronunciation:** hoop-er-ay'-fan-os

**Part of Speech:** adjective

**Root Word (Etymology):** From ὑπέρ (G5228) and φαίνω (G5316)

**TDNT Reference:** 8:525,1231

**Outline of Biblical Usage:**

- I. showing one's self above others, overtopping, conspicuous above others, pre-eminent
- II. with an overweening estimate of one's means or merits, despising others or even treating them with contempt, haughty

**KJV Translation Count:** 5x  
**The KJV translates Strong's G5244 in the following manner:** proud (5x).

**Strong's Definitions:** ὑπερήφανος *hyperēphanōs*, hoop-er-ay'-fan-os; from G5228 and G5316; appearing above others (conspicuous), i.e. (figuratively) haughty:—proud. ὑπερλίαν *hyperlian*. See G5228 and G3029.

#### BLUE LETTER BIBLE WORD SEARCH:

If you have the Blue Letter Bible App you can look up Greek Words on your phone.

For example, you can find these two definitions by:

1. Going to James 4:6
2. Clicking on verse the KJV version
3. Then click on Interlinear/Concordance at the top of the page
4. The scroll down to where you see in the right hand side either the proud or further down unto the humble.
5. Then click on the Greek word on the left side of the screen and you will be at the definition

On the chart below record what you learn:

HUMILITY	PRIDE

How does this relate to your life? ...your beliefs? ...lies you may believe?

### 3. *Humility and Love*

Read 1 Corinthians 13:4-8 in two different versions. Underline anything that stands out to you regarding pride or humility.

“This love of which I speak is slow to lose patience – it looks for a way of being constructive. It is not possessive: it is neither anxious to impress nor does it cherish inflated ideas of its own importance.

Love has good manners and does not pursue selfish advantage. It is not touchy. It does not keep account of evil or gloat over the wickedness of other people. On the contrary, it shares the joy of those who live by the truth.

Love knows no limit to its endurance, no end to its trust, no fading of its hope; it can outlast anything. Love never fails.”

The New Testament In Modern English by J.B. Phillips

“Love meekly and patiently bears ill treatment from others. Love is kind, gentle, benign, pervading and penetrating the whole nature, mellowing all which would have been harsh and austere; is not envious. Love does not brag, nor does it show itself off, is not ostentatious, does not have an inflated ego, does not act unbecomingly, does not seek after the things which are its own, is not irritated, provoked, exasperated, aroused to anger, does not take into account the evil (which it suffers), does not rejoice at the iniquity but rejoices with the truth, endures all things, believes all things, hopes all things, bears up under all things, not losing heart nor courage. Love never fails.”

Kenneth S. Wuest’s Expanded Translation

What could you add from this to your Humility vs. Pride chart that could help you better understand what humility and pride look like?

What role does humility play in loving well?

How can pride hinder us from loving well?

How does this relate to discipling women?

## *Consider...*

If I have thousands of follow-up plans that are amazing, a pantry full of great resources to offer, years of experience discipling , and can quote the whole Bible, but don't have love...

Get the idea here? Without love, nothing you do is of any value according to 1 Corinthians 13:1-3!

I will never forget once when Jerry Bridges was speaking, he had us draw a bunch of zeros across a page, then asked how much they were worth. It didn't matter if you had one or a billion zeros; they were all worth nothing!

Then he told us to put a one to the left of the zeros. He shared that "one" represented love. Love gives value to everything else we do.

One zero with the number "one" in front of it has a greater value than a zillion zeros without it!

So when we talk about the heart of discipling women, love is foundational.

How does having a heart that is humble relate to this?

## *4. Digging Deeper*

**Read through the following verses. Underline anything that relates to pride or humility. What else could you add to your chart from your observations?**

**Romans 12:3** "As your spiritual [leader] I give this piece of advice to each one of you. Don't cherish exaggerated ideas of yourself or your importance, but try to have a sane estimate of your capabilities by the light of the faith that God has given to [all of you]." (Phillips Translation)

**James 4:4-7** You adulterous people, don't you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God. 5 Or do you think Scripture says without reason that he jealously longs for the spirit he has caused to dwell in us? 6 But he gives us more grace. That is why Scripture says:

“God opposes\* the proud  
but shows favor to the humble.”

7 Submit yourselves, then, to God. Resist the devil, and he will flee from you. 8 Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. 9 Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. 10 Humble yourselves before the Lord, and he will lift you up. (NIV)

**1 Peter 5:-7** You younger members must also submit to the elders. Indeed all of you should defer to one another and wear the “overall” of humility in serving each other. ‘God resists the proud, but gives grace to the humble’. So, humble yourselves under God’s strong hand, and in his own good time he will lift you up. You can throw the whole weight of your anxieties upon him, for you are his personal concern..” (NIV)

What is the relationship between submission to God and others, and humility?


What is the relationship between pride and anxiety?

How might humility help with anxiety?

## 5. Considering God's Perspective

According to the verses above, how does God respond to the Proud?

NOTE: The Greek word for oppose is "Antitasso."

Interlinear Online	
< 1Pe 5	⏪ ⏩ ⏴
G498 - <i>antitassō</i>	
ἄντιτάσσω	
<b>Transliteration:</b> <i>antitassō</i>	
<b>Pronunciation:</b> an-tee-tas'-som-ahee	
<b>Part of Speech:</b> verb	
<b>Root Word (Etymology):</b> From ἀντί (G473) and the middle voice of τάσσω (G5021)	
<b>Outline of Biblical Usage:</b>	
I. to range in battle against	
II. to oppose one's self, resist	

To get an idea of what this can look like read 2 Chronicles 26.

Where do you see pride in this story? How did God respond?

Why do you think God responds this way to pride?

## 6. *Learning from Jesus' Example*

What can you learn about humility from Jesus?

Read Philippians 2:5-11

Read Matthew 11:28-30

## 7. *Growing In Humility*

What does it look like to clothe yourselves with humility?

NOTE: This is a rare word that denotes a slave putting on an apron before serving.

READ John 13:3-4 What can you learn from Jesus' example?

What does it look like for you to humble yourself?

What can help you remember you don't rise far from the ground in a world that encourages the opposite message?



What key highlights do you want to remember from this Bible study?

How do you sense the Lord is inviting you to respond to what you've learned?

What can it look like for you to practically do that?