

# Creatively Process

## DRAWING HIGHLIGHTS

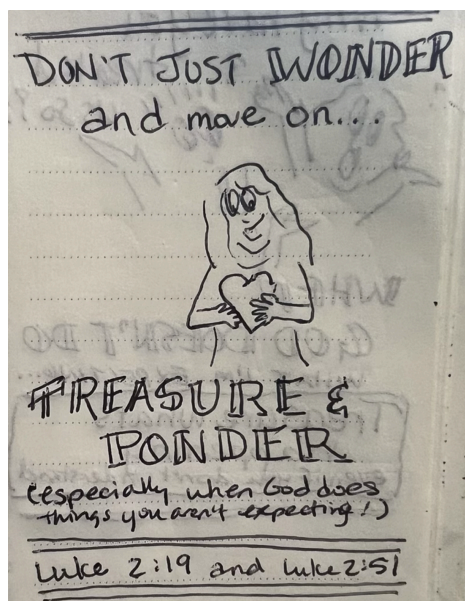
Have you ever spent time with the Lord and later in the day, struggled to recall what you read? Been there. Experienced that. Many times.

One thing that helps me REMEMBER is drawing a quick picture. It doesn't have to be fancy. Stick figures count. It doesn't have to take a lot of time. Even a thirty-second quick sketch involves the opposite side of your brain. I am amazed at how much more I retain from my quiet times when I do this.

But even more, I find taking time to creatively PROCESS helps truth go from my head to my heart where it's more likely to be transformational, helping me become more like Jesus. Proverbs 23:7 tells us "As a man thinks in his heart so he is." Our goal shouldn't be to acquire information but life change. Truth needs to reach our hearts for that.

Creatively processing for me is also a way to TREASURE God's word. When I sense the Lord is highlighting something for me I don't want it to go in one ear and out the other. These are gifts. Purposeful gifts. God has a reason for everything He communicates.

What does it look like for your to treasure something?



Each week we'll explore different (fun!) ways of creatively processing what the Lord has highlighted for us during our times with him and each other. Some processes are more involved than others. But bottom line – simple, quick sketches work!

When I meet with women, I ask at the end of our time what the Lord highlighted for her. This can be something from our shared quiet time or time in God's Word, a tool that was passed on or a new idea or thought.

It is so helpful for me to hear what stood out to her and as we discuss our highlights it helps to process even more.

I find this interaction is taken to a deeper level when we creatively process together. This can be as simple as a thirty-second drawing that we share with each other. I like to bring blank index cards or small pieces of card stock for us to draw on.

It's amazing how this helps me capture, process, remember and treasure at least one key thing the Lord has blessed me with. And when I do, the blessing doesn't stop there. I like to put the card where I can see it throughout the week. This helps me keep responding to what Jesus has so graciously communicated to me.

#### MATERIALS

Two 3x5 cards, blank (or Cardstock)

Two pens

#### INSTRUCTIONS:

**DRAW** a quick 30-second picture illustrating the main treasure you received during the time shared.

**SHARE** your pictures with each other.

**PRAY** thanking Jesus for these gifts He's blessed you with.

p.s. If you go on Instagram and type in [@truthtreasurer](#) you will find examples of how I do this.