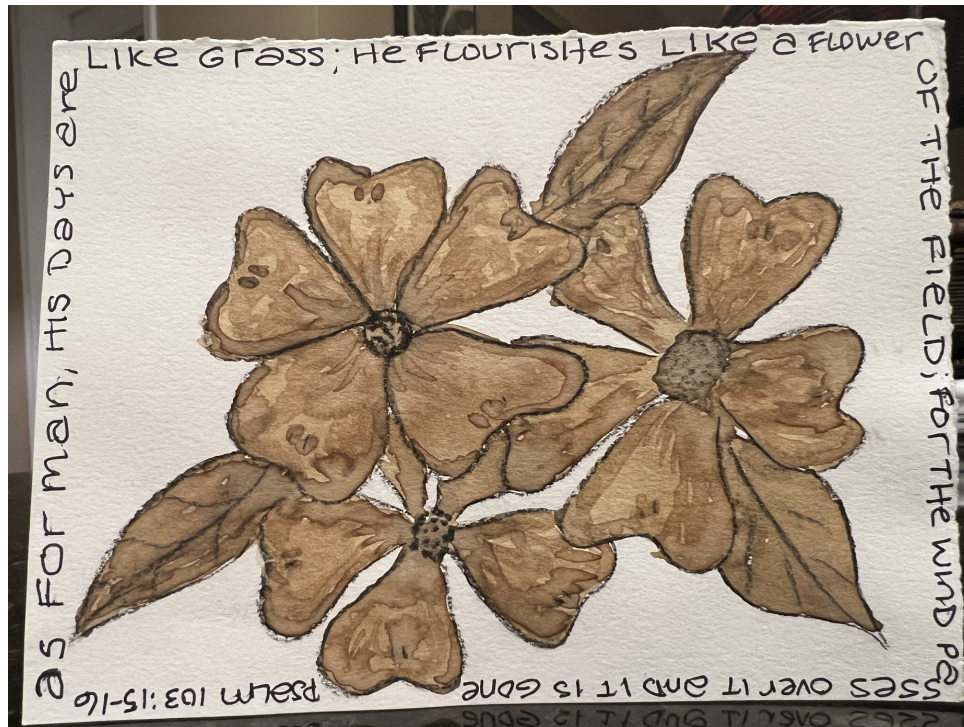


## ESPRESSO PAINT



If you are meeting in a cafe, buy one shot of espresso. (or you can purchase this in advance, espresso keeps well in your freezer). You won't need a lot.

### MATERIALS:

A shot of espresso

A cup of water

Two round tip brushes

2 pencils

2 black pens

4 paper towels or napkins for dabbing your brush

Multi-media or watercolor paper (2 sheets)

## INSTRUCTIONS:

1. Take a moment to write down key thoughts or highlights from your time together that you want to remember on one side of the watercolor paper.
2. With a pencil quickly draw a picture that ties in with that thought.
3. There are two ways to espresso paint
  - a. Wet
    - i. Then take a round tip brush and dip it in the water
    - ii. Wet wherever you would like the espresso to go on the page (so you are first painting the image or part of it with water)
    - iii. Then dip your brush into the espresso
    - iv. And put a drop of the espresso on the part of your page you wet. The espresso will spread to fill the area.
    - v. You can determine how dark you want an area to be by how much espresso you put on to the page.
    - vi. Also by letting one area dry as you work in another area you can go back and add more espresso and this can result in beautiful shading
  - b. Dry
    - i. Dip your round tip brush directly into the espresso paint
    - ii. Paint it directly onto the dry page
    - iii. As the paint dries you can add additional layers
4. Keep listening to hear what the Lord wants to say to you as you do this.
5. When you are done creating, share your pictures with each other.
6. Pray - Thanking the Lord for what He's communicated to you and asking for his grace to live out what He's invited each of you to do in response..

