

# Heart to Heart

A la carte  
A Heart That Worships  
Week 5: Related Content

*(For those who prefer to select a la carte either for personal use or in crafting their own one on ones)*

## Story Section:

☰ True Discipleship Stories: A Heart That Worships Week 5

[https://docs.google.com/document/d/1qdMatpoWJ\\_cOUjH-sXYIIfK0KPPpkKosOPsYAyhrb2Q/edit?usp=sharing](https://docs.google.com/document/d/1qdMatpoWJ_cOUjH-sXYIIfK0KPPpkKosOPsYAyhrb2Q/edit?usp=sharing)

## Measure From Jean:

**A Heart That Worships**

[https://drive.google.com/file/d/1zHj33oJ3hGRFxlAKvrLJOrnX1frpkjUm/view?usp=share\\_link](https://drive.google.com/file/d/1zHj33oJ3hGRFxlAKvrLJOrnX1frpkjUm/view?usp=share_link)

**How Does A Woman Develop A Heart That Worships**

[https://drive.google.com/file/d/1fUCLRm4B2YrQT5aGuvbhKQysj\\_HDRiGa/view?usp=share\\_link](https://drive.google.com/file/d/1fUCLRm4B2YrQT5aGuvbhKQysj_HDRiGa/view?usp=share_link)

**A Heart Led To Worship**

[https://drive.google.com/file/d/1MH0YjzRxPU9y4RnfW2sqwRphEDrFkdN0/view?usp=share\\_link](https://drive.google.com/file/d/1MH0YjzRxPU9y4RnfW2sqwRphEDrFkdN0/view?usp=share_link)


## Time In God's Word:

**SHARED QUIET TIME:**

☰ Time In God's Word Week 5 Shared Quiet Time HEART TRACK Worships

[https://docs.google.com/document/d/1JoiHo\\_ulkZqV1U-PmrMsyqT1whKyUo7SOuRaG9MdVUo/edit?usp=sharing](https://docs.google.com/document/d/1JoiHo_ulkZqV1U-PmrMsyqT1whKyUo7SOuRaG9MdVUo/edit?usp=sharing)

## **BIBLE STUDY:**

 Time in God's Word Week 5 HEART TRACK Bible Study Worships

<https://docs.google.com/document/d/1rrSPzP9DCd4lChdaac3s-3K8jGJ7jbXpa7YiL151Amk/edit?usp=sharing>

## **VIDEOS:**

[https://drive.google.com/file/d/1dJa4Oy0lraFyZqY\\_evBuo2jO0cb1BHK4/view?usp=share\\_link](https://drive.google.com/file/d/1dJa4Oy0lraFyZqY_evBuo2jO0cb1BHK4/view?usp=share_link)

[https://drive.google.com/file/d/1g7-px\\_eMcsLI8KI9sBhrIJKTMqmuHG8h/view?usp=share\\_link](https://drive.google.com/file/d/1g7-px_eMcsLI8KI9sBhrIJKTMqmuHG8h/view?usp=share_link)

[https://drive.google.com/file/d/1GAqSVR94-Rm-6lBgvk1wmpFfK-dryOsf/view?usp=share\\_link](https://drive.google.com/file/d/1GAqSVR94-Rm-6lBgvk1wmpFfK-dryOsf/view?usp=share_link)

## *Creatively Process*

### **VIDEO: CREATE A Great Exchange Page**

You can see how to do this in this video:

[https://drive.google.com/file/d/15m4zNXiWZByCuT9FRC9qTepKxD8LP\\_zi/view?usp=sharing](https://drive.google.com/file/d/15m4zNXiWZByCuT9FRC9qTepKxD8LP_zi/view?usp=sharing)

### **Materials needed:**

2 pieces of blank paper (I like for one to be colored, the other to be card stock) for each of you

Glue stick

Red Pen or marker (if you have one)

### **INSTRUCTIONS**

1. Create two columns on one piece of paper (the colored paper if you have this)
2. At the top of one column write your name. At the top of the other column write "Jesus."

3. Under your name record the sins you've committed recently (you don't have to share these!)
4. Under Jesus' name, write Perfect Righteousness, Perfectly sinless for 33 years.
5. Ask the women to watch you.
6. Share how when Jesus died on the cross he made a great exchange possible. Tear your page down the center ( easy to do if you fold and wet the crease with your tongue) between the two columns and then across the top underneath your name and Jesus' name.
7. Glue your name and Jesus' to the top of the cardstock or second sheet of paper.
8. Share how Jesus died to pay the penalty for our sins and invites us to make the great exchange and how you took him up on this.
9. On your piece of cardstock glue your sins under Jesus' name.
10. Write "Paid In Full" on top of your sins
11. Now glue Jesus' column under your name and write "Just as if I never sinned." and "Just as if I did everything right."
12. Then share with the women this is the invitation Jesus offers to every one of us. To receive his gift, agree with him that we are sinners, believe that he died to pay the penalty for our sins, and surrender to him. It's called the great exchange because I've giving Jesus all my sins and I'm getting his righteousness in exchange. And that's the way God sees me even on my worst day. Clothed in his righteousness, all my sin paid in full."

If you would like to print out these instructions here is the link:

[https://docs.google.com/document/d/1VQWpsjGrZs8DmFYDztoHS5jZOzww046scK\\_c2UOpb84/edit?usp=sharing](https://docs.google.com/document/d/1VQWpsjGrZs8DmFYDztoHS5jZOzww046scK_c2UOpb84/edit?usp=sharing)

### **Deb's Heart Expressions revised.pdf**

[https://drive.google.com/file/d/1r\\_M9\\_7G-4uM4GMWHHexCNh8ZpciJdRlp/view?usp=sharing](https://drive.google.com/file/d/1r_M9_7G-4uM4GMWHHexCNh8ZpciJdRlp/view?usp=sharing)

*Toolbox*

### **SHARED QUIET TIME:**

 Week 5 TOOL TRACK Shared Quiet Time

[https://docs.google.com/document/d/1benRZWMZTbIKKsE0YpVQfi4K1liiw0za9AGY0gtC\\_Ng/edit?usp=sharing](https://docs.google.com/document/d/1benRZWMZTbIKKsE0YpVQfi4K1liiw0za9AGY0gtC_Ng/edit?usp=sharing)

**DEMO VIDEO: Jesus Cares for Women**

[https://drive.google.com/file/d/19h-ACO2HScw1fDaHPy8PqOUo7MwAIA9w/view?usp=share\\_link](https://drive.google.com/file/d/19h-ACO2HScw1fDaHPy8PqOUo7MwAIA9w/view?usp=share_link)

📄 **Jesus Cares for Women.pdf**

[https://drive.google.com/file/d/13s2ZsjU5YVDfsbUZu7NaVD6t8tOfgoiE/view?usp=share\\_link](https://drive.google.com/file/d/13s2ZsjU5YVDfsbUZu7NaVD6t8tOfgoiE/view?usp=share_link)

📄 **Jesus Cares for Women booklet to share.PDF**

[https://drive.google.com/file/d/1Fhewmn8M8k2SoFmm5MnNPHxiraVQgCzl/view?usp=share\\_link](https://drive.google.com/file/d/1Fhewmn8M8k2SoFmm5MnNPHxiraVQgCzl/view?usp=share_link)

*Image Gallery:*

[A Heart That Worships - \(Collection 1\)](#)

[https://drive.google.com/drive/folders/1k214gyl2F4snej\\_EW\\_XjMrUVXvwoEZ7?usp=drive\\_link](https://drive.google.com/drive/folders/1k214gyl2F4snej_EW_XjMrUVXvwoEZ7?usp=drive_link)