## Heart to Heart Tool Track God's Promise of Forgiveness Collection 2: Week 5

- 1. Connect
  - a. How did you struggle with temptation this past week?
    - i. Be ready to share vulnerably from your life on this first.
    - ii. Remember even in stories of failure where you gave into temptation there is opportunity to grow in trusting God as you identify how he faithfully provided a way out even if you didn't take it.
- 2. Review verses together:
  - a. As you review your verses this week ask, "What part of this verse impacted you the most this week?"
  - b. Next review previous verses and ask, "How has having these memorized been impacting your life?" Take initiative to share your answer to this question too.
    - i. John 1:12-13
    - ii. John 16:24
    - iii. 1 Corinthians 10:13
- 3. Visual
  - a. When you think about forgiveness what comes to mind?
  - b. Why did you select that picture? (each of you share)
- 4. Training
  - a. Create a Verse Card
    - i. Write on a 3x5 card the Title: God's Promise of Forgiveness
    - ii. Then write the Reference: 1 John 1:9
    - iii. Write the verse phrase by phrase
    - iv. The write the Reference again at the bottom of the card: 1 John 1:9
  - b. Memorize the Verse, phrase by phrase
- 5. Time In God's Word
  - a. Chapter 4 Tackle N' Trust
    - i. What has God promised?
    - ii. What is our part?
- 6. Creatively Process: The Great Exchange
  - a. Materials:

- i. Four blank pieces of paper (I prefer for two of them to be cardstock if possible easier to glue onto when the paper has some substance, but this is not necessary)
- ii. Two glue sticks (or you can share if you only have one)
- iii. Two pens
- iv. Red Marker
- b. Directions:
  - i. Fold the paper in half vertically.in the middle
  - ii. Fold the paper horizontally about an inch down from the top -
  - iii. Draw lines on the creases to create two columns
  - iv. Write your name at the top of one column, and Jesus' name at the top of the second column
  - v. Underneath your name write down the sin you've committed this past week. You can pray and invite God to search your hearts to bring this to mind.
  - vi. Then underneath Jesus' name write Perfect obedience for 33 years
  - vii. Separate the paper along each of the folds, both horizontal and vertical
  - viii. On the piece of cardstock glue your name and Jesus' name at the top of the page.
  - ix. Underneath Jesus' name glue the column of your sins.
  - x. Then take the red marker and write on top of it PAID IN FULL!
  - xi. Underneath your name glue the column that says Perfect obedience for 33 years. Then write, "Because of Jesus"
  - xii. This is what justification means, "Just as if I never sinned. Just as if I did everything right, this is how God sees me even on my worse day."
- c. Discuss
  - i. How did it feel to do this?
  - ii. Christ died for sins once for all, but when we confess, agreeing with him what we've done is wrong we have opportunity to experience the great exchange and appreciate even more what Jesus has done for us.

## 7. Challenge

- a. Encourage her to confess her sins every day this week, taking Jesus up on his offer in 1 John 1:9
- b. Review 1 John 1:9 ten times every day this week.
  - i. Create a grid on the back of the scripture memory card and encourage her to record a check each time she reviews
- c. Keep reviewing John 1:12-13, John 16:24 and 1 Corinthians 10:13 once a day this week
- 8. Pray

EXTRA: Share the story of The Princess and the Pig

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https://docs.google.com/document/d/1i9JVzpKQrqE4XQCWEoUPw1bJeRDBBOph-P9IC4eLHb A/edit?usp=sharing

What do you learn about forgiveness from this story?