

Heart to Heart
Tool Track
God's Promise of Help In Temptation
Collection 2: Week 4

1. Connect
 - a. What did you ask God for this past week? What answers to prayer did you experience?
 - b. Be ready to share your answers to prayer, too.

2. Review verses together:
 - a. How did it go reviewing the verses throughout the week?
 - i. Note be careful to not let this be shaming if she hasn't reviewed, I like to share the example of a baby learning how to walk. Remember parents rejoice whenever a step forward is taken, they expect they child will fall down.
 - ii. I like to share how it helps me to consider what got in the way of me doing what I planned to do. What can I learn from it and how that can help me keep growing in the future. Ask what did she learn from this past week. Share how your reviewing went and how these verses as you are remembering them are impacting your life.
 - iii. Celebrate any steps forward.
 - b. Get out your verse cards and have them in hand as you check each other. Let her check you first.
 - i. John 1:12-13
 - ii. John 16:24

3. Visual
 - a. When you think about temptation what comes to mind?
 - b. Why did you select that picture? (each of you share)

4. Training
 - a. Create a Verse Card
 - i. Write on a 3x5 card the Title: God's Promise of Help in Temptation
 - ii. Then write the Reference: 1 Corinthians 10:13
 - iii. Write the verse phrase by phrase
 - iv. The write the Reference again at the bottom of the card: 1 Corinthians 10:13
 - b. Memorize the Verse

5. Time In God's Word
 - a. Chapter 3 Tackle N' Trust

- i. What has God promised?
- ii. What is our part?

6. Application

- a. What can it look like for you to take God up on this promise?
- b. Share what it looks like for you too!

7. Challenge

- a. Review 1 Corinthians 10:13 ten times each day out loud
- b. Keep reviewing John 1:12-13 and John 16:24 once a day this week

8. Pray