

Heart to Heart

Introduction

Expanded: Heart & Tools

Approximately 2 hours to work through

Connecting: (share your answers to the following questions)

- **IMAGE GALLERY:**

- Select an image from the image library to share that relates to whatever comes to mind when you think about following. [A Heart That Follows - \(Introduction\)](#)
- https://drive.google.com/drive/folders/1NEYyLtiBDGI8OJYLdSU36QvOfdcM5tUn?usp=drive_link
- How does this image relate to following Jesus?

- **DISCUSS:**

- How has following Jesus led you to where you are today?
- Share a story of a time when you struggled to follow Jesus. What happened? (In what ways are your stories similar? Or different?)
- Where are you currently struggling to follow Jesus? (we all have a sinful nature alive and kicking, so it's not "Are you struggling" but "Where are you struggling?") What does that look like?

- **PRAY:**

- Commit your concerns and this time together to the Lord

Treasure from Jean

- **WATCH** Jean's first video, Following Jesus at Eighty. <https://youtu.be/cXBAbdLYZmk>

- **DISCUSS:**

- As you listen to Jean share, what stands out to you?

- Why do you think it is essential for a disciple of Jesus to have a heart that follows Him?
- What do we need to do to be able to follow someone?

Time In God's Word

SHARE A QUIET TIME

- **FIRST DRAW NEAR TO LISTEN**
 - Ask what does she do when she spends time with the Lord? What precisely does that look like?
 - Then ask if she'd like to see a way to enjoy daily time with Jesus even if she only has ten minutes a day that can transform her life and can be done anywhere she is reading in the Bible.
- **INTRODUCE:** Look, Listen, Live It Out, Let It Last
 - Background info: The Treasure of Shared Quiet Times - <https://theheartofdisciplingwomen.com/helps/>
- **READ** Matthew 4:12-23
 - Printable Handout: <https://drive.google.com/file/d/1rjy5p3Nu6abEoxHIJ2HCtiVrnzktr9I/view?usp=sharing>
- **LOOK, LISTEN, LIVE IT OUT & LET IT LAST**
 - Do this separately, putting your pens down when you are done
 - Share pictures, highlights, and your response to what God highlighted.

Dive Deeper (If you have time, this can be powerful!)

DISCUSS:

- Go back and re-read Matthew 4:12-23 circling every time you see the word follow or followed.
- What do you observe? Where did it occur? Who did this? Why do you think they did?

- If you have access to the Blue Letter Bible on your phone or laptop, it is fascinating to look up this verse in Greek - start with Matthew 4, click on verse 19, then at the top, click where it says Interlinear/concordance, scroll down until you find the word follow and write the word and its definition below.
- What picture comes to mind when you consider Jesus' invitation to follow is really "Come behind me?" How does this relate to the image you drew?
- Now look up the word "followed" in Matthew 4:25. What do you discover?
- In what ways were Peter and Andrew, James and John's response similar to the crowds?
- In what ways was Peter and Andrew, James and John's response to Jesus different from the crowds?
- Have you ever had to leave anything to follow Jesus? If yes, please share the story! Or Is there something you sense Jesus calling you now to leave to follow Him?
- Now go to Matthew 4: 20 and look up the Greek definition for follow. What do you observe?
- According to Jesus' invitation in Matthew 4:19, what is Jesus' part, and what is our part? (If you want to have fun look up the Greek word for "make.")
- What does Jesus promise in this verse?
- The words "I will make" are potent coming from God! They occur 110 times in the Bible. For example, in Genesis 2:18, when God declares, "It is not good for man to be alone. I will make a helper suitable for him," and in Genesis 2:12, when God invites Abraham to leave his country and his family and follow Him, He says "And I will make of you a great nation, and I will bless you and make your name great, and you shall be a blessing."
- What thoughts come to mind as you consider this?
- How does this connect with your life?

Jool Time

DISCUSS

Why do you think Peter and Andrew, James and John responded so quickly and sacrificially to Jesus?

Read John 1:19-42. What happened before they encountered Jesus?

How do you think this helped to prepare their hearts?

SHARE the **Engel Scale**

<https://drive.google.com/file/d/1WLCZZC9ADouTMJGpHdHxsjvywdg93XjK/view?usp=sharing>

Who around you does not yet know Jesus?

How can you help prepare them to encounter him?

PRAYER:

One fundamental way to start doing this is by praying.

Share bookmark: **Praying With Thanks About Sharing Jesus**

https://docs.google.com/document/d/111jKVvph-k_pbihanJb9cbdZXbMCmyqY/edit?usp=sharing&oid=111839119367667918233&rtpof=true&sd=true

Pray Together through a few items on this bookmark to get her started.

Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

Keep Enjoying Daily Quiet Times with Jesus

Work through The Special Treasure Bookmark on your own, enjoying daily quiet times with Jesus and responding to what He lays on your heart to do.

<https://docs.google.com/document/d/1SDe2yN05URbF1IR7gyNsREPjtx7pz0yzqUCc3Cw9YoM/edit?usp=sharing>

Pray Daily

Create a list of Family and Friends Who Do Not Yet Know Jesus

- a. Put on a bookmark or
- b. Create an index card for each person who comes to mind or
- c. Create a photo gallery in your phone with one picture of each person

Pray for those you've listed through the Praying for Family and Friends Who Do Not Yet Know Jesus Bookmark