

Heart to Heart

Week 1: HEART TRACK A Heart That Listens

Connecting

(share your answers to the following questions)

- **IMAGE GALLERY:** What comes to mind when you think about humility?
 - (Select an image from the image library to share)
 - [A Heart That Listens - \(Collection 1\)](#)

https://drive.google.com/drive/folders/1oxat8epMBe0n_ZSRBzigAzGT2OGTCAZP?usp=drive_link

- **DISCUSS:**
 - Were you listened to as a child? How did that feel?
 - Think of a time recently when you were listened to, how did that feel?
 - Why is it important to listen?
 - Why do you think it is important to be listened to?
 - When do you struggle to listen? Why?
- **PRAY:**
 - Commit your concerns and this time together to the Lord

Treasure From Jean

- **WATCH** the following Video

A Heart That Is Humble (video 1) : <https://youtu.be/TtglZOgeZfg>

- **What do you learn from Jean about listening?**

Time In God's Word

SHARED QUIET TIME:

Share a highlight from your time with Jesus this past week (If you drew a picture to summarize the key thought from a quiet time share that too)

Ask what it looked like for her to listen to the Lord this past week?

What were some highlights from the time she enjoyed with him?

SHARE a quiet time in Isaiah 55:1-3

Printable Handout:

https://docs.google.com/document/d/16rv5w2yijWi_971owhIBh_BSyR0g-57oX5VI8g2n3WQ/edit?usp=sharing

LOOK, LISTEN, LIVE IT OUT

Do this separately, putting your pens down when you are done

Share pictures, highlights, and your response to what God highlighted.

BIBLE STUDY

- [☰ Time in God's Word Week 1 Bible Study on Listening](#)

https://docs.google.com/document/d/1NraXvm_G1Vj-nxvTPUDidg3vXIJER3cpfXVkcU0xd0k/edit?usp=sharing

- **Using Bible Studies During One-On-Ones**

[Video Training Using Bible Studies](#)

Creatively Process

LET IT LAST

Take 30 seconds to draw a quick picture of the main thought that stood out to you during your quiet time.

Share these with each other.

Pray - Thanking the Lord for what He's communicated to you and asking for his grace to help you live out what He's invited each of you to do in response.

Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

Keep Enjoying Daily Quiet Times with Jesus

Work through the **Special Treasure Bookmark** on your own, enjoying daily quiet times with Jesus and responding to what He lays on your heart to do.

Share a quiet time with a friend

Invite a friend to Look, Listen, Live It Out with you in one of the psalms listed on the Special Treasure Bookmark.

Dive Deeper

1. WATCH THE REST OF JEAN'S VIDEOS

A Heart That Hears : <https://youtu.be/nps1WcXVq60>

A Heart That Grows : <https://youtu.be/AVKXVN775Wk>

A Heart That Listens To People: <https://youtu.be/3m5AWsBGjqM>

A Heart That Asks : <https://youtu.be/4KTHoMF2KiA>

2. WATCH TIME IN GOD'S WORD VIDEOS

A Heart That Listens - part 1 : <https://youtu.be/yY11fWPF0yQ>

A Heart That Listens - part 2 : <https://youtu.be/NEMld-xLZYc>