

Heart to Heart

Week 2: HEART TRACK A Heart That Listens

Connecting

(share your answers to the following questions)

- **IMAGE GALLERY:** What comes to mind when you think about humility?
 - (Select an image from the image library to share)
 - [A Heart That is Humble - \(Collection 1\)](https://drive.google.com/drive/folders/19U-RSmzInp3QK-_dYKB8TWsAgCB8BBsu?usp=drive_link)
https://drive.google.com/drive/folders/19U-RSmzInp3QK-_dYKB8TWsAgCB8BBsu?usp=drive_link
- **DISCUSS:**
 - Why did you select that image? Is there a story behind your selection you'd like to share?
- **PRAY:**
 - Commit your concerns and this time together to the Lord

Treasure From Jean

- **WATCH the following Video**

A Heart That Is Humble (video 1) : <https://youtu.be/TtglZOgeZfg>

NOTE: You can either utilize this video in a reverse classroom format where you both watch it on your own before you come together or watch it together. If you watch it before you will want to take time to journal your answers to the questions in the video and bring your journal with you when you meet so you can discuss them. If you watch the video together, you are encouraged to stop and discuss whichever of the questions resonate with either of you.

- **DISCUSS:**
 - How do you humble yourself before God?
 - How can you intentionally cultivate the heart attitude of being a lifelong learner?
 - How Can Praise and the Lack of Praise test our character?
 - What does it mean to you for the Word of God to become your master rather than seeking to gain mastery over it?
 - How aware are you of your own vulnerabilities?

- What is Jesus' invitation to you regarding a vulnerability he has revealed to you?

Time In God's Word

SHARED QUIET TIME:

☰ Time In God's Word SHARED QUIET TIME for Heart Track

<https://docs.google.com/document/d/1MwwWWHVhT3vEAvgiJc7QsYITURzeAxZ78Z58i5Pj5Hk/edit?usp=sharing>

BIBLE STUDY

☰ Time In God's Word Week 2 BIBLE STUDY Humility updated

https://docs.google.com/document/d/1Vs7--tT3BvpuCuWrDUA3W_AHI2sfiKjQEeXh3EX2Rjo/edit?usp=sharing

Creatively Process

☰ Creatively Process: ESPRESSO PAINT

<https://docs.google.com/document/d/1zOqv96H4O3FvVLrhfOkVTIbHATDOv0ZMuj aST49XM3c/edit?usp=sharing>

Or select another way to creatively process from the Heart Expressions Booklet

📄 Deb's Heart Expressions revised.pdf

https://drive.google.com/file/d/1r_M9_7G-4uM4GMWHHexCNh8ZpciJdRlp/view?usp=sharing

Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

Keep Enjoying Daily Quiet Times with Jesus

Keep working through the **Special Treasure Bookmark** on your own, enjoying daily quiet times with Jesus and responding to what He lays on your heart to do.

PASS ON TREASURE

Share with a friend what you created

Take a friend through this content (you always learn more when you pass something on)

Dive Deeper

1. WATCH THE REST OF JEAN's VIDEOS

A Heart That Is Humble (video 2): <https://youtu.be/APIhXHSt8LQ>

A Heart That Is Humble (video 3): <https://youtu.be/lxvqqa1bPuQ>

A Heart that Is Humble (video 4): <https://youtu.be/ZW1ateX-Phs>

2. WATCH TIME IN GOD's WORD VIDEOS

[A heart That is Humble part 1](https://youtu.be/KBWJxpdBwqc) : <https://youtu.be/KBWJxpdBwqc>

[A Heart That Is Humble part 2](https://youtu.be/gJtWWGGD7kY) : <https://youtu.be/gJtWWGGD7kY>

[A Heart That is Humble part 3](https://youtu.be/ql-KfxR9nnU) : <https://youtu.be/ql-KfxR9nnU>