

Heart to Heart

Week 3: TOOL TRACK
Jesus Cares for Women
The Suffering Woman

Connecting With Each Other

(share your answers to the following questions)

- **IMAGE GALLERY:**

- When you think about shame what comes to mind?
- (Select an image from the image library to share)

[A Heart That Hopes - \(Collection 1\)](#)

https://drive.google.com/drive/folders/18quNSoYFjLBt9KTubfYaD4DFRrrY8C0n?usp=drive_link

- What about that image connects with your heart?

- **DISCUSS:**

- Can you think of a time when you experienced shame? What happened? How did it feel?
- What is the relationship between shame and hope?
- Where do you struggle to hope?

- **PRAY:**

- Commit your concerns and this time together to the Lord

Connecting With God's Heart

 Time In God's Word Week 3 TOOL TRACK Shared Quiet Time

https://docs.google.com/document/d/1KS7w_guz3trYVf7pz08Hwd_KPZ_VUkni5vLqCXTdqA/edit?usp=sharing

Toolbox

READ the questions from the second chapter of Jesus Cares for Women and **discuss**.

 **Jesus Cares for Women.pdf**

https://drive.google.com/file/d/13s2ZsjU5YVDfsbUZu7NaVD6t8tOfgoiE/view?usp=share_link

■ Jesus Cares for Women booklet to share.PDF

https://drive.google.com/file/d/1Fhewmn8M8k2SoFmm5MnNPHxiraVQgCzl/view?usp=share_link

Toolbox

SHARE the Fig Leaf Illustration - this is a shame-based gospel presentation created by Josh Parr

FIG LEAF ILLUSTRATION Overview

<https://drive.google.com/file/d/1DdHIMDf5pNFMszidk8hCvuHlevuvNAU2/view?usp=sharing>

PRINTABLE HANDOUT for Fig Leaf Illustration

https://drive.google.com/file/d/1a1PoSAoLF0BmsWCymMwUnuBVXRCDdR8v/view?usp=share_link

Creatively Process

LET IT LAST

Take 30 seconds to draw a quick picture of the main thought that stood out to you during your quiet time. (if you are meeting in a cafe give espresso painting a try - just order a shot and bring two brushes with you and some watercolor paper)

Share your pictures with each other.

Pray - Thanking the Lord for what He's communicated to you and asking for his grace to help you live out what He's invited each of you to do in response.

Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

1. Continue to read the Bible with a friend or
Invite a new friend to read the Bible with you and discuss one chapter
How do you feel about doing this?
What challenges might you encounter doing this?
What are your plans for doing this?

2. Pray for your time doing this and the women you are meeting with or hope to meet with.
3. Share the **Fig Leaf Illustration** with someone this week
4. Read the True Discipleship Story and Journal - What does it look like for you to follow Jesus rather than lean on your own understanding as you read the Bible with women?

☰ True Discipleship Stories: A Heart That Is Patient Week 4

<https://docs.google.com/document/d/1UnrdYDrar9JBzsqRSyTa5-xdekanpXWX3aAu4kv5V0/edit?usp=sharing>

Diving Deeper

(If you have time)

Watch the following TRAINING VIDEOS

The Role of Hope in Discipleship, part 1

https://drive.google.com/file/d/1tZ2NC6KUKjuDjOjDOfo8FE1agQdyZGC9/view?usp=share_link

The Role of Hope in Discipleship, part 2

https://drive.google.com/file/d/1yfZK-aanr-RoS0ugFfPCu4B891NFcU4t/vi ew?usp=share_link

The Role of Hope in Discipleship, part 3

https://drive.google.com/file/d/1puIMb-flQeLdjlwCq0aXdoLFAhyzNSN-/vi ew?usp=share_link

Watch the Treasure with Jean Videos & Journal

[A Heart That Hopes part 1](https://youtu.be/EWiwJg9PbvM) : <https://youtu.be/EWiwJg9PbvM>

[A Heart That Hopes part 2](https://youtu.be/z1Xtlk9cjSI) : <https://youtu.be/z1Xtlk9cjSI>

[A Heart That Hopes part 3](https://youtu.be/youGu1nGb1Cg) : <https://youtu.be/youGu1nGb1Cg>

1. How can having a heart of hope help you be more intentional in the choices you make?