

Heart to Heart

Week 4: TOOL TRACK
Jesus Cares for Women

Connecting With Each Other

(share your answers to the following questions)

- **IMAGE GALLERY:** When you think about shame what comes to mind?
 - (Select an image from the image library to share)

https://drive.google.com/drive/folders/1_u57GWwmAB9RptzKvQqdL8kx_h65nPsg?usp=drive_link (note this is the correct link - there is a definite correlation between patience and shame)
 - What about that image connects with your heart?
- **DISCUSS:**
 - Can you think of a time when you felt shame? What happened? What did that feel like? Share your stories with each other.
 - Share an example of a time when someone wasn't patient with you. How did that feel?
 - Why do you think it's important to have a patient heart when discipling women? Especially if they are wrestling with sin and shame?
 - Where do you struggle with this? Why?
- **PRAY:**
 - Commit your concerns and this time together to the Lord

Connecting With God's Heart

SHARED QUIET TIME:

 Time In God's Word Week 4 TOOL TRACK Shared Quiet Time

https://docs.google.com/document/d/14gr8M7WHmihXXGcF2wSfb7CibPmk27Dwr8iM-S_Zq3U/edit?usp=sharing

Toolbox

READ the questions from the fourth chapter of Jesus Cares for Women and **discuss**.

■ Jesus Cares for Women.pdf

https://drive.google.com/file/d/13s2ZsjU5YVDfsbUZu7NaVD6t8tOfgoiE/view?usp=share_link

■ Jesus Cares for Women booklet to share.PDF

https://drive.google.com/file/d/1Fhewmn8M8k2SoFmm5MnNPHxiraVQgCzl/view?usp=share_link

LEARN the Fig Leaf Illustration - this is a shame-based gospel presentation created by Josh Parr

FIG LEAF ILLUSTRATION Overview

<https://drive.google.com/file/d/1DdHIMDf5pNFMszidk8hCvuHlevuvNAU2/view?usp=sharing>

PRINTABLE HANDOUT for Fig Leaf Illustration

https://drive.google.com/file/d/1a1PoSAoLF0BmsWCymMwUnuBVXRCDdR8v/view?usp=share_link

Creatively Process

LET IT LAST

Take 30 seconds to draw a quick picture of the main thought that stood out to you during your quiet time. (if you are meeting in a cafe give espresso painting a try - just order a shot and bring two brushes with you and some watercolor paper)

Share your pictures with each other.


Pray - Thanking the Lord for what He's communicated to you and asking for his grace to help you live out what He's invited each of you to do in response.

Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

1. Continue to read the Bible with a friend or
Invite a new friend to read the Bible with you and discuss one chapter
 - i. How do you feel about doing this?
 - ii. What challenges might you encounter doing this?
 - iii. What are your plans for doing this?

2. Pray for your time doing this and the women you are meeting with or hope to meet with.
3. Read the True Discipleship Story and Journal - What does it look like for you to follow Jesus rather than lean on your own understanding as you read the Bible with women?

 True Discipleship Stories: A Heart That Is Patient Week 4

<https://docs.google.com/document/d/1UnrdYDrar9JBzsqRSyTa5-xdekanpXWX3aAu4kv5V0/edit?usp=sharing>