

Heart to Heart

Week 5: HEART & TOOLS TRACK A Heart That Worships

Connecting

- **AUDITORY ENGAGEMENT:**
 - Ask the woman you are meeting with to share her favorite worship song.
 - Why is this your favorite song? Is there a story behind this?
 - Share your favorite song with her.
 - What else comes to mind when she thinks about worship?
- **PRAY:**
 - Commit your concerns and this time together to the Lord

Measure From Jean

- **WATCH** the following Video
https://drive.google.com/file/d/1zHj33oJ3hGRFxlAKvrLJOrnX1frpkjUm/view?usp=share_link
- What do you learn from Jean about having a heart that worships?

Time In God's Word

BIBLE STUDY

 Time in God's Word Week 5 HEART TRACK Bible Study Worship

<https://docs.google.com/document/d/1rrSPzP9DCd4lChdaac3s-3K8jGJ7jbXpa7YiL151Amk/edit?usp=sharing>

Connecting With God's Heart

SHARED QUIET TIME:

https://docs.google.com/document/d/1benRZWMZTbIKKsE0YpVQfi4K1liiw0za9AGY0qtC_Ng/edit?usp=sharing

NOTE; I find enjoying a quiet time in the passage I will be discussing later with lost friends is a great way to prepare my heart for our time together. When I come to engage with the scriptures and hear what Jesus wants to say to me through them it's like serving bread fresh from the oven rather than day old!

I don't usually share a quiet time with women who don't know Jesus. Instead, this is how I prepare my heart to discuss God's Word with them. It's a way of putting into practice Bill Hybel's observation:

$$CP + HP + CC = MI$$

(Close proximity plus high potency plus clear communication equals maximum impact)
Enjoying a quiet time in the passage with Jesus before I meet with someone to discuss it brings in that High Potency - kind of like when Moses' face shone after he'd been in the presence of the Lord! ;0)

Toolbox

READ the questions from the fourth chapter of *Jesus Cares for Women* and **discuss**.

■ **Jesus Cares for Women.pdf**

https://drive.google.com/file/d/13s2ZsjU5YVDfsbUZu7NaVD6t8tOfgoiE/view?usp=share_link

■ **Jesus Cares for Women booklet to share.PDF**

https://drive.google.com/file/d/1Fhewmn8M8k2SoFmm5MnNPHxiraVQgCzl/view?usp=share_link

Creatively Process

CREATE A Great Exchange Page

You can see how to do this in this video:

https://drive.google.com/file/d/15m4zNXiWZByCuT9FRC9qTepKxD8LP_zi/view?usp=sharing

Materials needed:

2 pieces of blank paper (I like for one to be colored, the other to be card stock) for each of you

Glue stick

Red Pen or marker (if you have one)

INSTRUCTIONS

1. Create two columns on one piece of paper (the colored paper if you have this)
2. At the top of one column write your name. At the top of the other column write "Jesus."
3. Under your name record the sins you've committed recently (you don't have to share these!)
4. Under Jesus' name, write Perfect Righteousness, Perfectly sinless for 33 years.
5. Ask the women to watch you.
6. Share how when Jesus died on the cross he made a great exchange possible. Tear your page down the center (easy to do if you fold and wet the crease with your tongue) between the two columns and then across the top underneath your name and Jesus' name.
7. Glue your name and Jesus' to the top of the cardstock or second sheet of paper.
8. Share how Jesus died to pay the penalty for our sins and invites us to make the great exchange and how you took him up on this.
9. On your piece of cardstock glue your sins under Jesus' name.
10. Write "Paid In Full" on top of your sins
11. Now glue Jesus' column under your name and write "Just as if I never sinned." and "Just as if I did everything right."
12. Then share with the women this is the invitation Jesus offers to every one of us. To receive his gift, agree with him that we are sinners, believe that he died to pay the penalty for our sins, and surrender to him. It's called the great exchange because I've giving Jesus all my sins and I'm getting his righteousness in exchange. And that's the way God sees me even on my worst day. Clothed in his righteousness, all my sin paid in full."

Share your thoughts about this with each other

Pray - Thanking the Lord for what He's communicated to you and asking for his grace to help you live out what He's invited each of you to do in response.

If you would like to print out these instructions here is the link:

https://docs.google.com/document/d/1VQWpsjGrZs8DmFYDztoHS5jZOzww046scK_c2UOpb84/edit?usp=sharing

Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

1. Continue to read the Bible with a friend or

Invite a new friend to read the Bible with you and discuss one chapter

- i. How do you feel about doing this?
 - ii. What challenges might you encounter doing this?
 - iii. What are your plans for doing this?
2. Pray for your time doing this and the women you are meeting with or hope to meet with.
 3. Share **The Great Exchange** with someone this week. (We learn even more when we pass what we've learned on to others!)
 4. Read the True Discipleship Story and Journal - In what ways have you experienced Jesus' strength being made evident in your weakness? What can it look like for you to worship the Lord when he is calling you to serve in weakness?
[True Discipleship Stories: A Heart That Worships Week 5](#)
https://docs.google.com/document/d/1qdMatpoWJ_cOUjH-sXYIIfK0KPPpkKosOPsYAYhrb2Q/edit?usp=sharing

Diving Deeper
(If you have time)

1. Check out Ruth Myers' book 31 Days of Praise (this is the book Jean Fleming referenced in the first A Heart That Worships video)
https://www.amazon.com/Thirty-One-Days-Praise-Enjoying-Anew/dp/1590525582/ref=sr_1_1?hvadid=598726963907&hvdev=c&hvlcophy=1014963&hvnetw=g&hvqmt=e&hvrand=14782880500742027448&hvtargid=kwd-4434119906&hydadcr=8268_13544338&keywords=31+days+of+praise+ruth+myers&qid=1690138090&sr=8-1
2. Watch the **Time in God's Word videos** and journal your thoughts after:
https://drive.google.com/file/d/1dJa4Oy0IraFyZqY_evBuo2jO0cb1BHK4/view?usp=share_link

https://drive.google.com/file/d/1g7-px_eMcsLI8KI9sBhrIJKTMqmuHG8h/view?usp=share_link

https://drive.google.com/file/d/1GAqSVR94-Rm-6IBgvk1wmpFfK-dryOsf/view?usp=share_link

3. Watch the rest of the Treasure from Jean Videos:

How Does A Woman Develop A Heart That Worships

https://drive.google.com/file/d/1fUCLRm4B2YrQT5aGuvbhKQysj_HDRiGa/view?usp=share_link

A Heart Led To Worship

https://drive.google.com/file/d/1MH0YjzRxPU9y4RnfW2sqwRphEDrFkdN0/view?usp=share_link