

# *Heart to Heart*

Week 6: HEART TRACK  
A Heart That Perseveres  
The Fulfilled Women

## *Connecting*

### **VISUAL ENGAGEMENT:**

Bring two magazines with you. (Magazines with lots of pictures are best)

1. Have the woman you meet with select a picture that connects with what her week has been like. While you also select one to share.
2. Soon as you each find your picture show them to each other and share why you selected what you did.

## *Treasure From Jean*

A Heart That Perseveres, Part 1

[https://drive.google.com/file/d/1TWP8QhtXmIpX\\_uSd\\_BpURsXP28N-Xm7n/view?usp=share\\_link](https://drive.google.com/file/d/1TWP8QhtXmIpX_uSd_BpURsXP28N-Xm7n/view?usp=share_link)

What helps you be intentional to keep on keeping on?

How do you wear the armor of God?

Considering Jude 20-21 How do you build yourself up and keep yourself in the love of God?

A Heart That Perseveres, Part 2

[https://drive.google.com/file/d/1bpl1G4NeJpCVbp-4XUMP6iftQ5ala2Oj/view?usp=share\\_link](https://drive.google.com/file/d/1bpl1G4NeJpCVbp-4XUMP6iftQ5ala2Oj/view?usp=share_link)

How can knowing you are in a battle help you persevere?

## Time In God's Word

☰ Time In God's Word Week 6 SHARED QUIET TIME Perseveres

[https://docs.google.com/document/d/1liJkRKBxj\\_ICA-CII01Wcm0Wof8XX0Sk5zUUbfgBFY/edit?usp=share\\_link](https://docs.google.com/document/d/1liJkRKBxj_ICA-CII01Wcm0Wof8XX0Sk5zUUbfgBFY/edit?usp=share_link)

☰ Time In God's Word Week 6 BIBLE STUDY Perseveres

[https://docs.google.com/document/d/1mNyUV7pg\\_r\\_dHFfF46NBcZeP93rkn2ZuM9uqDw8ze3s/edit?usp=sharing](https://docs.google.com/document/d/1mNyUV7pg_r_dHFfF46NBcZeP93rkn2ZuM9uqDw8ze3s/edit?usp=sharing)

## Creatively Process

### ART JOURNAL A PAGE



### INSTRUCTIONS:

☰ Creatively Process: Collage

[https://docs.google.com/document/d/1y7vINdA1U60zN9E-WaimALuPOEa2e2-CoScOek\\_BF8o/edit?usp=sharing](https://docs.google.com/document/d/1y7vINdA1U60zN9E-WaimALuPOEa2e2-CoScOek_BF8o/edit?usp=sharing)

## Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

1. Live out your application this week.
2. Keep Enjoying Daily Quiet Times with Jesus

