

Heart to Heart

Week 4: HEART & TOOLS
A Heart That is Patient
Toosl: Jesus Cares For Women
Fig Leaf Illustration

Connecting

(share your answers to the following questions)

- **IMAGE GALLERY:** When you think about patience what comes to mind?
 - (Select an image from the image library to share)

[A Heart That is Patient - \(Collection 1\)](https://drive.google.com/drive/folders/1_u57GWwmAB9RptzKvQqdL8kx_h65nPsg?usp=drive_link)
https://drive.google.com/drive/folders/1_u57GWwmAB9RptzKvQqdL8kx_h65nPsg?usp=drive_link

 - What about that image connects with your heart?
- **DISCUSS:**
 - Share an example of a time when someone was patient with you. How did that feel?
 - Share an example of a time when someone wasn't patient with you. How did that feel?
 - What does patience look like in your life?
 - Where do you struggle with this? Why?
- **PRAY:**
 - Commit your concerns and this time together to the Lord

Measure From Jean

- **WATCH** the following Video
https://drive.google.com/file/d/1cuLWMt6r4r0ZYKC9HrULookmNaTDpAq7/viaw?usp=share_link
- What do you learn from Jean about having a heart that is patient?

Time In God's Word

SHARED QUIET TIME: Psalm 86

 Time In God's Word Week 4 HEART TRACK Shared Quiet time

https://docs.google.com/document/d/1ICyVWInT5sMTA_oWjGP84YdVIhhauC5Gaf08iERBtd4/edit?usp=sha

- How do you see the patience of God evident in Psalm 86?

BIBLE STUDY

 Time in God's Word Week 4 A Heart That Is Patient BIBLE STUDY

https://docs.google.com/document/d/1cLRjXDb_FMpCMPKrKGRS_v03JwIYDKEo0v5G9fR7dH4/edit?usp=sharing

Creatively Process

LET IT LAST

Take 30 seconds to draw a quick picture of the main thought that stood out to you during your quiet time. (or if you are feeling adventurous give credit card painting a try!)

Share these with each other.

Pray - Thanking the Lord for what He's communicated to you and asking for his grace to help you live out what He's invited you to do in response.

Joolbox

READ the questions from the fourth chapter of Jesus Cares for Women and discuss.

 Jesus Cares for Women.pdf

https://drive.google.com/file/d/13s2ZsjU5YVDfsbUZu7NaVD6t8tOfgoiE/view?usp=share_link

 Jesus Cares for Women booklet to share.PDF

https://drive.google.com/file/d/1Fhewmn8M8k2SoFmm5MnNPHxiraVQgCzl/view?usp=share_link

SHARE the Fig Leaf Illustration - this is a shame-based gospel presentation created by Josh Parr

FIG LEAF ILLUSTRATION Overview

<https://drive.google.com/file/d/1DdHIMDf5pNFMszidk8hCvuHlevuvNAU2/view?usp=sharing>


PRINTABLE HANDOUT for Fig Leaf Illustration

https://drive.google.com/file/d/1a1PoSAoLF0BmsWCymMwUnuBVXRCDdR8v/view?usp=share_link

Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

1. Continue to read the Bible with a friend or
Invite a new friend to read the Bible with you and discuss one chapter
 - i. How do you feel about doing this?
 - ii. What challenges might you encounter doing this?
 - iii. What are your plans for doing this?
2. Pray for your time doing this and the women you are meeting with or hope to meet with.
3. Read the True Discipleship Story and Journal - What does it look like for you to follow Jesus rather than lean on your own understanding as you read the Bible with women?

 True Discipleship Stories: A Heart That Is Patient Week 4

<https://docs.google.com/document/d/1UnrdYDrar9JBzsqRSyTa5-xdekanpXWX3aAu4kv5V0/edit?usp=sharing>

Dive Deeper

(If you have time)

1. **READ** a related True Discipleship Story

☰ True Discipleship Stories: A Heart That Is Patient Week 4

<https://docs.google.com/document/d/1UnrdYDrar9JBzisqRSyTa5-xdekanpXWX3aAu4kv5V0/edit?usp=sharing>

2. Watch the Treasure from Jean Video on A Heart That is Patient:

<https://drive.google.com/file/d/1cuLWMt6r4r0ZYKC9HrULookmNaTDpAq7/view?usp=sharing>

3. Watch the Time In God's Word videos:

A Heart That is Patient: Know : <https://youtu.be/l2E-eDM9cRY>

A Heart that is Patient: Desire : <https://youtu.be/01uOng6Lj5E>

A Heart that is patient: Choose : <https://youtu.be/0EH6vIJMtxw>