

Heart to Heart
HEART TRACK
Collection 2, Week 6
A Heart of Wisdom

HEAR:

What was it like confessing your sins this past week? How did that feel?
What difference did this make in your life? What difference did it make in your relationship to God?

Pray and ask the Lord to help you hear all He wants you to hear from Him today.

EXPLORE:

Watch Treasure from Jean

Journal the reflection questions at the end of each video & Discuss

Time In God's Word

Read James 1:2-8, James 3:13, Proverbs 2:5, 4:7, 16:16, 13:10, 19:8, Ephesians 5:15-16, underlining what stands out to you. Then select one verse and share a quiet time using Look, Listen, Live It Out

Or do chapter five in Tackle n Trust

Creatively Process - Duco Divina (detailed instructions in the toolbox in the Heart Expressions Booklet). Bring two pieces of card stock. Using a marker or pen draw a simple image on the page - like tracing the outline of your hand. Then do a simple repeated pattern around the object and enjoy interacting with Jesus as you do so further meditating on what He's highlighted for you today. You can also include word art on the page if you desire to.

APPLY:

What do you sense Jesus inviting you to do in response?

REMEMBER :

What Highlights stood out to you today

TELL A FRIEND:

First, tell Jesus what you appreciated about this time spent with Him.

Who might you be able to share this with?

What could it look like for you to do this?