

# Heart to Heart

Introduction: Related Content

(For those who prefer to select a la carte either for personal use or in crafting their own one on ones)

## *Digital Library Introduction*

Welcome to the Heart of Discipling Women Digital Library. According to Meriam-Webster's dictionary, a library is "a place in which literary, musical, artistic, or reference materials (such as books, manuscripts, recordings, or films) are kept for use but not for sale."<sup>1</sup> This is a special library where resources have been gathered together relating to one specific topic: women discipling women.

We've entitled this library The Heart of Discipling Women because as Jean Fleming shares, after a tool is passed on five or six times it often loses the heart. Jesus says in 1 Corinthians 13:1-3 without love the best resources, techniques, and training are all worth nothing.

In truth, there are many different ways to disciple women so please know this is not a comprehensive library. However it is one where we hope you will find encouragement and treasure to enrich your heart as you seek to invest in other women.

This is a library not a course! You may choose to work sequentially through the content in here, but be forewarned that may be akin to reading an encyclopedia! The stories, videos, articles, and tools contained can be used independently, however the Lord may lead you! We encourage you to ask Jesus to guide and give you creative ideas for how to best utilize this content for your own personal growth as well as in your discipling.

[A Heart That Follows - \(Introduction\)](#)

[https://drive.google.com/drive/folders/1NEYyLtiBDGI8OJYLdSU36QvOfdcM5tUn?usp=drive link](https://drive.google.com/drive/folders/1NEYyLtiBDGI8OJYLdSU36QvOfdcM5tUn?usp=drive_link)

## *Story Section:*

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<sup>1</sup> <https://www.merriam-webster.com/dictionary/library>

People remember things when they are emotionally connected to a story.<sup>2</sup> Your mind is the rational part of your brain. All too often in discipleship it is easy to pass on facts and techniques. But when treasure is shared in the context of a story it doesn't just flit through the brain, but has opportunity to penetrate the heart where it is more like to have lasting impact.

Stories are included in this library to demonstrate what this can look like. But a story shared in the context of relationship - where women know the person who the story is about (you!) can often be even more impactful!

You are encouraged to not skip over these stories but to read them with Jesus asking what he wants to say to you through them. Do you have a similar story to tell? You just might discover these stories to be the most helpful portions of the library, especially if they spur you on to share more of your stories as you disciple women!

[https://docs.google.com/document/d/1nDvVRw\\_I5JcwWlt06JDaBMKOIOq9EjWIMq6v3Bi-D-A/edit?usp=sharing](https://docs.google.com/document/d/1nDvVRw_I5JcwWlt06JDaBMKOIOq9EjWIMq6v3Bi-D-A/edit?usp=sharing)

### *Measure From Jean*

Jean Fleming came to know Jesus sixty years ago during her senior year of college. She served on staff for 55 of those years, discipling women one on one in Korea, Japan, Arizona, Seattle and Colorado Springs as well as all over the world through the many books and articles she's written (A Mother's Heart, Between Walden and the Whirlwind, Feeding Your Soul, Pursue the Intentional Life). Jean struggles with an intentional tremor which you will hear in her voice, but she hasn't let it stop her from continuing to reach out to people around her, actively investing in the next generation, meeting one on one with women from high schoolers to moms to neighbors, in Montrose, Colorado where she lives.

Following Jesus at 80 - video 1

<https://youtu.be/cXBAbdLYZmk>

Following Jesus in College - video 2

<https://youtu.be/JWwDzMeHwSU>

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<sup>2</sup> <https://www.theduality.com/the-secret-to-storytelling-is-to-shoot-for-their-heart-capture-their-mind-and-make-them-smile/>

Following Jesus in Hard Decisions - video 3

<https://youtu.be/XVUStHl187s>

Following Jesus in Learning - video 4

<https://www.youtube.com/watch?v=wmrAb3PvMM>

What Helps you Follow Jesus? Video 5

<https://www.youtube.com/watch?v=r9IMmrSzG6Q>

Following Jesus in Failure - video 6

<https://www.youtube.com/watch?v=2-wivKdkEBI>

Questions to Journal:

<https://drive.google.com/file/d/1cMV10SOdTisSI7ChuGWkIOVLINtABcEg/view?usp=sharing>

### *Time In God's Word*

Deb Entsminger came to Christ her first week in college through a bunch of Navigator guys who lived next door. For the past forty-one years, she has been meeting with women one-on-one helping them come to know Jesus, keep growing in a relationship with Him, and learn how to pass on to other women what she's passed on to them for life. She serves with the Collegiate Navigators despite being deaf. Five years ago the Lord did a miracle and restored her hearing through cochlear implants. What a mighty God we serve!

SHARED QUIET TIME:

 Time In God's Word SHARED QUIET TIME Introduction

<https://docs.google.com/document/d/18iMqB7uAwaZkZWHbsQgbK2p1A75wTG20iugraU7DE8w/edit?usp=sharing>

BIBLE STUDY:

 Time In God's Word Introduction BIBLE STUDY

[https://docs.google.com/document/d/11flzTcHNMXScsn4EtOYj89vkmSYSQuFd9kDt22CK6\\_E/edit?usp=sharing](https://docs.google.com/document/d/11flzTcHNMXScsn4EtOYj89vkmSYSQuFd9kDt22CK6_E/edit?usp=sharing)

PRINTABLE VERSION of Shared Quiet Time and Bible Study

[https://drive.google.com/file/d/1rjy5p3Nu6abEoxHIJ2HCt\\_iVrnzktr9I/view?usp=sharing](https://drive.google.com/file/d/1rjy5p3Nu6abEoxHIJ2HCt_iVrnzktr9I/view?usp=sharing)

VIDEO: A Heart that Follows - part 1: [https://youtu.be/DZ\\_hw1ZfFcA](https://youtu.be/DZ_hw1ZfFcA)

VIDEO: A Heart That Follows - part 2 : [https://youtu.be/tUSsuf0hi\\_Y](https://youtu.be/tUSsuf0hi_Y)

VIDEO: A Heart That Follows - part 3 : <https://youtu.be/CR5K-DW7oYo>

## *Toolbox*


The heart of Discipling Women is like a diamond with many different facets. Throughout this library we have sought to consider a different component each week tied in with practical tools proven useful for discipling women. In this section you will find resources related to this which have stood the test of time.

We encourage you to browse through these prayerfully in search of new treasure to add to your toolbox. If you have any questions feel free to contact Deb Entsminger at 813-787-3624 or [navigirladventures@gmail.com](mailto:navigirladventures@gmail.com).

### **Toolbox Introductory Video**

<https://drive.google.com/file/d/1d2bsDWRo1au3R1nueVO7gY4vyQ-J0e4j/view?usp=sharing>


### **Bookmarks**

 Praying With Thanks About Sharing Jesus.docx

[https://docs.google.com/document/d/111jKVvph-k\\_pbihanJb9cbdzXbMCmyqY/edit?usp=share\\_link&oid=111839119367667918233&rtpof=true&sd=true](https://docs.google.com/document/d/111jKVvph-k_pbihanJb9cbdzXbMCmyqY/edit?usp=share_link&oid=111839119367667918233&rtpof=true&sd=true)

Praying With Thanks About Sharing Jesus Printable Bookmark

[https://drive.google.com/file/d/1S\\_emRivj8HTrlfDBqEPm6v-TmlBqjMK/view?usp=share\\_link](https://drive.google.com/file/d/1S_emRivj8HTrlfDBqEPm6v-TmlBqjMK/view?usp=share_link)

 Preaching The Gospel to Myself bookmark.pdf

[https://drive.google.com/file/d/1IZMW1IUOnjGSHvtN\\_giQE4hL1aKgYYTJ/view?usp=sharing](https://drive.google.com/file/d/1IZMW1IUOnjGSHvtN_giQE4hL1aKgYYTJ/view?usp=sharing)

 Praying Strategically bookmark goes with Jerry Bridges the unseen foe copy.pdf

<https://drive.google.com/file/d/1j6a3lyZyDOYuki12er9QYSOkfBzwnDMR/view?usp=sharing>

 Praying Before Sharing Jesus.pdf

[https://drive.google.com/file/d/1BsUx2W\\_20jilrLd0BoaNOJgt9-Tvl5d5/view?usp=sharing](https://drive.google.com/file/d/1BsUx2W_20jilrLd0BoaNOJgt9-Tvl5d5/view?usp=sharing)

## Articles and Blog Posts

■ Engaging the Unseen Foe - 2 page handout.pdf

[https://drive.google.com/file/d/1UqVtjOxWhDQotPbce-UGTC0GPKhDP4YX/view?usp=share\\_link](https://drive.google.com/file/d/1UqVtjOxWhDQotPbce-UGTC0GPKhDP4YX/view?usp=share_link)

Helene Ashker Article: Preparing for the Dentist

<https://www.navigators.org/blog/preparing-for-the-appointment/>

Discipleship in 15 Minutes

<https://theheartofdisciplingwomen.com/2016/07/18/discipleship-in-15-minutes/>

My Little Pink Book

<https://theheartofdisciplingwomen.com/2013/08/06/keepingtrack/>

## *Image Gallery*

Half of our brain is verbal, The other half is visual. To love the Lord our God with all our mind it is important we involve the whole brain. This image gallery is provided to help facilitate this.

Images are wonderful launching spots for connecting with those you are meeting with. Asking the woman you meet with, to select a picture that connects with her heart, regarding what you will be discussing that day, and then sharing the picture you select, can help you dive deeper sooner as well as help her remember what you discussed.

If you are new to each other it can also help provide a sense of safety and freedom while sharing, as the picture becomes a focal point between you.

It can also provide a great way to summarize what you discussed if you ask the woman you are meeting with to select an image that best connects with what stood out to her from your time together.