

Heart to Heart

A Heart That Listens: TOOL TRACK
Tool: Shared Quiet Time

Connecting

(share your answers to the following questions)

- **IMAGE GALLERY:** What comes to mind when you think about listening?
 - (Select an image from the image library to share)
 - [A Heart That Listens - \(Collection 1\)](#)
 - https://drive.google.com/drive/folders/1oxat8epMBe0n_ZSRBzigAzGT2OGTCAZP?usp=drive_link
- **DISCUSS:**
 - Were you listened to as a child? How did that feel?
 - Think of a time recently when you were listened to, how did that feel?
 - Why is it important to listen?
 - Why do you think it is important to be listened to?
 - When do you struggle to listen? Why?
- **PRAY:**
 - Commit your concerns and this time together to the Lord

Time In God's Word

- **BIBLE STUDY**
 - [Time in God's Word Week 1 Bible Study on Listening](#)
https://docs.google.com/document/d/1NraXvm_G1Vj-nxvTPUDidg3vXlJeR3cpfXVkcU0xd0k/edit?usp=sharing
 - **Using Bible Studies During One-On-Ones**
https://drive.google.com/file/d/1k1I0pTkuS7HLtV2sxIZ_tQmanMTEITeD/view?usp=share_link=sharing

Tool Time

- **FIRST DRAW NEAR TO LISTEN**

- Ask what does she do when she spends time with the Lord? What precisely does that look like?
- Then ask if she'd like to see a way to enjoy daily time with Jesus even if she only has ten minutes a day that can transform her life and can be done anywhere she is reading in the Bible.
- **INTRODUCE:** Look, Listen, Live It Out, Let It Last
 - Background info: The Treasure of Shared Quiet Times - <https://theheartofdisciplingwomen.com/helps/>
- **READ** Isaiah 55:1-3
 - Printable Handout:

https://docs.google.com/document/d/16rv5w2yijWi_971owhIBh_BS_yR0g-57oX5Vl8g2n3WQ/edit?usp=sharing

- **LOOK, LISTEN, LIVE IT OUT**
 - Do this separately, putting your pens down when you are done
 - Share pictures, highlights, and your response to what God highlighted.

Creatively Process

- **LET IT LAST**
 - Take 30 seconds to draw a quick picture of the main thought that stood out to you during your quiet time.
 - Share these with each other.

Heart Challenge!

(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

Keep Enjoying Daily Quiet Times with Jesus

Work through the **Special Treasure Bookmark** on your own, enjoying daily quiet times with Jesus and responding to what He lays on your heart to do.

Share a quiet time with a friend

Invite a friend to Look, Listen, Live It Out with you in one of the psalms listed on the Special Treasure Bookmark.

Dive Deeper

(If you have time)

1. STORY

[True Discipleship Stories: A Heart That Listens](https://docs.google.com/document/d/1xnU1Rm6MTaK4ESxZnfbMmEU6aibv0ZmE_99hCcGuWY/edit?usp=share_link)

[https://docs.google.com/document/d/1xnU1Rm6MTaK4ESxZnfbMmEU6aibv0ZmE_99hCcGuWY/edit?usp=share link](https://docs.google.com/document/d/1xnU1Rm6MTaK4ESxZnfbMmEU6aibv0ZmE_99hCcGuWY/edit?usp=share_link)

2. ARTICLE

The Treasure of Shared Quiet Times - explains more in depth the Look, Listen, Live It out process for enjoying daily transformational time with Jesus & sharing this with others

[https://docs.google.com/document/d/1bhU_cSKiWC7aliXNGwe6I9yS89mcPpsx/edit?usp=share link&oid=111839119367667918233&rtpof=true&sd=true](https://docs.google.com/document/d/1bhU_cSKiWC7aliXNGwe6I9yS89mcPpsx/edit?usp=share_link&oid=111839119367667918233&rtpof=true&sd=true)

2. BIBLE STUDY on Listening

https://docs.google.com/document/d/1NraXvm_G1Vj-nxvTPUDidg3vXIJeR3cpfXVkCU0xd0k/edit?usp=sharing

3. Enjoy Extended Time Alone With God

Introduction to eXtended Time Alone With God (XTAWG) Booklet

<https://drive.google.com/file/d/11xGP4DYTHtOjWDHUGKZLtLT8AILmCXHN/view?usp=sharing>