

Popcorn Prayer

Have you ever prayed with someone and they went on and on and you struggled to stay engaged? Been there, done that. So I encourage those I pray with to **Popcorn Pray**.

Before a word is on our tongue God knows it completely. We don't have to use a lot of words to communicate with him. He knows us better than we know ourselves! And it's not like we need more words to convince him. If what we're asking for is good, the Lord delights to give it to us! He is such a generous giver.

When you pray with someone, one of the joys is keeping it interactive, like a conversation.

Know how popcorn kernels pop up, one right after the other? I find that to be a great metaphor for how to pray interactively.

Share one thought with Jesus and your friend, then let them share their thoughts either about what you said or add something to the conversation. Go back and forth, popping in and out conversationally, like kernels of popcorn.

This can make the difference between struggling to not fall asleep and time flying by! And have a big impact on whether people want to keep praying or dread it..

When you pray with others, think of prayer as a three way conversation and don't run on for too long. Instead, **Popcorn pray!**