

Praying For Your Husband From Head to Toe

1. Our Attitudes as Wives

- Cleansing Our Attitudes Before the Lord
- Confession
- Give Thanks for what God's done recently
- Pray with Thanks as you pray the following verses:

2. His Mind

- Romans 8:6 The mind set on the flesh is death but the mind set on the Spirit is life and peace
- Romans 12:2 Do not conform to the pattern of this world but be transformed by the renewing of your mind
- 1 Corinthians 8:12 Those who think they know something do not yet know as they ought to know.
- Colossians 3:2 Set your mind on things above
- Colossians 3:16 Let the Word of God dwell in you richly

3. His Eyes

- Psalm 101:3 I will not set before my eyes anything that is worthless.
- Mark 4:24 And he said to them, "Pay attention to what you hear: with the measure you use, it will be measured to you, and still more will be added to you.
- Matthew 6:22 The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!

4. His Ears

- Mark 4:24 And he said to them, "Pay attention to what you hear: with the measure you use, it will be measured to you, and still more will be added to you.
- James 1:19 Everyone should be quick to listen, slow to speak and slow to become angry.
- Isaiah 55:13 Listen to Me and eat what is good and your soul will delight in the richest of fare.
- Proverbs 8:34 Blessed is the one who listens to me, watching daily at my gates, waiting beside my doors.
- Romans 3:20 Here I am! I stand at the door and knock if anyone hears my voice and opens the door I will come in and eat with him and he will eat with me.

5. His Mouth

- Psalm 34:13 Keep your tongue from evil and your mouth from speaking lies
- Ephesians 4:15 Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.
- Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

6. His Heart

- Mark 12:30-31 Love God with all his heart
- Proverbs 5:18-19 Rejoice in the wife of your youth
- Malachi 4:6 May his heart be turned to his children
- Ecclesiastes 4:12 A cord of three strands is not easily broken
- Proverbs 13:20 Those who walk with the wise will grow wise, but a companion of fools suffers harm
- Colossians 3:23-24 Whatever you do work at it with all your heart as working for the Lord and not for men
- Matthew 6:21 Where your treasure is there your heart will be also

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7. His Gut (emotional world)

- Ephesians 4:26-27 In your anger do not sin, do not give the devil a foothold
- Philippians 4:4 Rejoice in the Lord always
- 1 Thessalonians 5:18 In everything give thanks

8. His Lungs

- Job 33:4 "The Spirit of God has made me, And the breath of the Almighty gives me life.
- Psalms 150:6 Let everything that has breath praise the Lord. Praise the Lord!
- Psalms 144:4 Man is like a mere breath; His days are like a passing shadow.

9. His Stomach (appetites & desires)

- Song of Solomon 7:10 I am my beloved's, and his desire is for me.
- Matthew 5:6 Blessed are those who hunger and thirst for righteousness for they will be filled.
- 1 Corinthians 12:31 Eagerly desire the greater gifts (love)

10. His Arms

- Ephesians 6:10 Finally be strong in the Lord and in His mighty power.
- Hebrews 12:11-12 No discipline seems pleasant at the time but painful, later on it produces a harvest of righteousness and peace for those who've been trained by it. Therefore strengthen your feeble arms and weak knees.

11. His Hands

- Psalms 90:17 May God establish the work of his hands
- Ecclesiastes 3:22 To be happy in his Work
- Luke 12:15 Watch out! Be on your guard against all kinds of greed; a man's life does to consist in the abundance of his possessions.
- Matthew 6:24 No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money.

12. His Genitals

- Proverbs 5:18-19 Let your wife be a fountain of blessing for you. Rejoice in the wife of your youth. She is a loving deer, a graceful doe. Let her breasts satisfy you always. May you always be captivated by her love.
- 1 Corinthians 6:18 Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.

13. His Legs

- Hebrews 12:1 Run with endurance the race marked out for him
- Isaiah 40:31 keep hoping in the Lord and not grow weary
- 1 Corinthians 9:24 Run in such a way as to get the prize.

14. His Feet

- 1 Corinthians 9:26 that he would run with purpose
- 2 Timothy 2:22 Flee temptation and resist the devil
- Psalms 34:14 Turn from evil and do good; seek peace and pursue it.
- Proverbs 4:5-7 Do not turn away from God's word or wisdom
- Ephesians 6:14 Stand firm

15. Remember In Everything Pray with Thanks!

- Philemon 1:4 I thank my God always when I remember you in my prayers.
- Ephesians 3:20 God is able to do more than we've asked

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HeartBeat

Our Agenda for Prayer

Our goal is to lovingly support and pray for our husbands.

I. Topics for the Week

Any general topics we would want to make sure we pray for that day

II. Our Attitudes as Wives

Cleansing our attitudes before the Lord - confession time

Praise and Thanksgiving for specifics that God had done recently

III. Prayer for Our Husbands

A. His spiritual world

Time in the Word, insight into the Scriptures,
A vital prayer life, Spiritual growth and maturity

B. His marriage world

Communication
Conflict resolution
Intimacy and Spiritual growth together as a couple

C. His personal world

Physical needs
Mental well being
Emotional needs
Relationships with his extended family
Social needs

D. His child(ren) world

His role as a father
Guidance of children
Emotional needs of children
Mental needs of children
School and education
Spiritual needs of children
Their ability to give and receive a blessing

E. His professional world

Attitude in his work and toward others
Perspective of what he is doing and where he is going
Focus and discipline
Fulfillment and gratification in his work
Ability to glorify God through his profession
How he relates to: people, projects, decisions, deadlines
Skill development and continuing education

F. His church world

Service to the Lord
Ability to develop and exercise his spiritual gifts
Leadership
Worship
Teachability
Personal growth

G. His larger world

His role within the community
His role in his neighborhood
Safety and protection in his travels
His attitude toward current affairs and people who lead our country
His vision for the fulfillment of the Great Commission in the world
His role in helping to fulfill the Great Commission

IV. Our Roles as Wives

To be the kind of wife God wants me to be
What specific things does the Lord want me to change in my life to be the wife my husband needs?