

Heart to Heart

Living the Life

Sharing the Journey

Week 2. Christ The Center

1. **Show and Tell!**

1. Share highlights from your time with Jesus Creatively Meditating on His Word
2. What was your favorite way of creatively meditating? Why?
3. What new insights did you gain about the Lord as you did this?
4. What did you learn about life?
5. How did it connect with your life?

2. **Draw the wheel illustration**

See if you can both do this from memory

How does the wheel illustration relate to what you learned last week?

How do you think this illustration would be different if Christ wasn't at the center?

3. **Introduce the Pharisee wheel** (aka the wheel without Jesus at the center)

Can she think of any verses that reveal what each spoke would look like without Christ at the Center

Read page 7&8 in the booklet and discuss

What is the heart of the wheel illustration?

What difference does it make whether you live your life acknowledging Christ as the center of everything?

4. **Memorize 2 Corinthians 5:17** phrase by phrase, encourage her to review daily.

5. **Share a Quiet Time** reading 2 Corinthians 5:17 in context & Share

6. **Contemplatively Doodle**

Read the Introduction to Contemplative Doodling,
then take five minutes to do this, silently with Jesus, pondering the verse,
discussing it with him as you do this,
then share what stood out to you with each other.

(Note: if you have never done this before there is an excellent interview with Shini Abraham explaining this process in Collection 5 of the Heart of Discipling Women Library under Time In God's Word in the Heart section)

7. Responding to Jesus

How do you sense Jesus inviting you to respond to what He highlighted for you today?

How will you do this? Pray for each other.