

Heart to Heart

Living the Life

Sharing the Journey

Week 3: Obedience to Christ

1. Show and Tell

Share highlights from your time with Jesus Creatively Meditating on His Word

What was your favorite way of creatively meditating this week? Why? Be sure to share the pages you created with each other as you do this.

What new insights did you gain about the Lord as you did this?

What did you learn as you camped out in 2 Corinthians 5:17?

How did this connect with your life?

2. Review 2 Corinthians 5:17

Discuss:

How has her review been going?

What is her rhythm for doing this daily?

Is it working? Does it need to be tweaked?

NOTE: If she is struggling, take time to encourage her. Point out you aren't asking how she is doing with Scripture Memory review to shame her but to help her develop a life giving daily discipline. She is loved as much by Jesus whether she does this or not! This is a great time to transition into this week's topic as you affirm obedience isn't about following a formula but Jesus. What does she sense He is inviting her to do regarding Scripture Memory.

3. Memorize Romans 12:1 phrase by phrase, encourage her to review daily.

You now have two verses to review each day, but a shift will occur.

You will now review your new verse 7 times a day, and the old once a day.

This can help to further cement it into your memory.

5. Do Day 1 in the Booklet Together: Making Observations to Meditate on God's Word

A powerful way to meditate can be taking time to write down as many observations as you can about a verse. Dr. Howard Hendricks, who used to teach seminary students how to study the Bible, started his class by giving the students one verse and asking

them to record as many observations about that one verse as they could. They came up with 600! For one verse! Have fun together seeing how many observations you can make about Romans 12:1. Take five minutes to do this on your own. Then come and share with each other. Then together spend another five minutes looking for even more observations. Record these observations on page 8 of the booklet.

6. Prayerful Patterns

Read the Introduction to Prayerful Patterns

Then take five minutes to do this, silently with Jesus, pondering the verse, discussing it with him as you do this,

Then share what stood out to you with each other.

(Note: if you have never done this before there is a short video in The Heart of Discipling Women Library in the Heart Section under Time in God's Word where I share examples of what I did.)

7. Responding to Jesus

Discuss:

What was the main treasure Jesus blessed you with today?

How do you sense Jesus inviting you to respond to this?

How will you do this?

Pray for each other.