

# Heart to Heart

## Living the Life

### Sharing the Journey

Week 5: Prayer

#### 1. Show and Tell!

Share highlights from your time with Jesus Creatively Meditating on His Word

What was your favorite way of creatively meditating this week? Why?

Be sure to share the pages you created with each other as you do this.

What new insights did you gain about the Lord as you did this?

What did you learn as you camped out in 2 Timothy 3:16?

How did this connect with your life?

#### 2. Add To Your Pantry

What tools did you/can you add to the pantry on the Word shelf from this past week?

What tools/resources could you put on the fellowship shelf?

Encourage her to add to this shelf as she learns new tools this coming week

#### 3. Memorize John 15:7 phrase by phrase, encourage her to review daily.

You now have four verses to review each day, but a shift will occur.

You will now review all your verses once a day.

#### 4. Review 2 Corinthians 5:17, Romans 12:1 and 2 Timothy 3:16

Discuss: How has her reviewing been going?

#### 5. Share the Prayer Hand Illustration

Demonstrate the Hand Illustration

Together draw the Hand illustration on index cards and encourage her to put it in her Bible to use when she prays.

#### 6. Consider the context of John 15:1-17 (Day 1 in the booklet)

Discuss: The difference the word "if" makes at the start of this verse

If you have time, you can also share a quiet time in this passage.

LOOK: read until a verse stands out to you

LISTEN: Share with Jesus what stands out to you and listen to hear his response  
LIVE IT OUT: How do you sense the Lord is inviting you to respond to what He's highlighted for you?  
LET IT LAST: Sketch a quick picture capturing the main treasure the Lord blessed you with.

### **7. Explore the first Prayer Gift together: Confession**

Share with her something you are struggling with, ask her to pray for you

### **8. Truthtreasuring**

Have fun creating different text boxes

Then, take a few minutes to enjoy time with Jesus first writing this week's verse, then creating a lined border around it. Then drawing a text box and putting a word or short phrase in it that summarizes the main thing that stood out to you as you camped out in John 15 today. Share with each other both how you drew your border and any thoughts that came as you did this.

### **9. Respond to Jesus**

#### **Discuss:**

What was the main treasure Jesus blessed you with today?

How do you sense Jesus inviting you to respond to this?

How will you do this?

**Pray** for each other.

\*SIDE NOTE: This is so helpful for assessing what she already knows! I often do the Pantry exercise when I start meeting one on one with someone for this reason - though in that situation, after we get to know each other and hear about each other's spiritual journey, we will often first share a quiet time in Matthew 13:52 then spend the rest of our time putting on our shelves the tools we already have in our toolbox "What has helped you to grow?" Often as she sees what I put in my toolbox she'll ask - "Could you show me that?" which gives great insight into where her interests are and often where the Lord is at work!