## Heart to Heart

Week 4: HEART & TOOLS

A Heart That is Patient
Tools: Jesus Cares For Women
Fig Leaf Illustration

Connecting

(share your answers to the following questions)

- **IMAGE GALLERY:** When you think about patience what comes to mind?
  - (Select an image from the image library to share)

<u>A Heart That is Patient - (Collection 1)</u>
<a href="https://drive.google.com/drive/folders/1">https://drive.google.com/drive/folders/1</a> u57GWwmAB9RptzKvQqdL8kx h
65nPsq?usp=drive link

• What about that image connects with your heart?

#### DISCUSS:

- Share an example of a time when someone was patient with you. How did that feel?
- Share an example of a time when someone wasn't patient with you. How did that feel?
- What does patience look like in your life?
- Where do you struggle with this? Why?

#### PRAY:

Commit your concerns and this time together to the Lord

## Ireasure From Jean

- WATCH the following Video <u>https://drive.google.com/file/d/1cuLWMt6r4r0ZYKC9HrULookmNaTDpAq7/view?usp=share\_link</u>
- What do you learn from Jean about having a heart that is patient?
- How might this relate to reaching out to those who don't know Jesus?
- What insight does I Corinthians 13:4 shed on this?
- What might it look like if you tried to reach out to someone who didn't know Jesus and you weren't patient? Have you ever done this? Or did this ever happen to you? If so, what was that like?
- What connection is there between patience and shame? Or between impatience and shame?

### Time In Hod's Word

READ the questions from the third chapter of Jesus Cares for Women and discuss.

#### Jesus Cares for Women.pdf

https://drive.google.com/file/d/13s2ZsjU5YVDfsbUZu7NaVD6t8tOfgoiE/view?usp=share link

#### Jesus Cares for Women booklet to share.PDF

https://drive.google.com/file/d/1Fhewmn8M8k2SoFmm5MnNPHxiraVQgCzl/view?usp=share link

## Creatively Process

What role might patience have played in Jesus' interaction with this woman? How might the story have been different if Jesus hadn't been patient?

In this week's story of Jesus and the adulterous woman where did you see shame?

Former Navigator staff and Major League Baseball player Josh Parr shares in the following video a shame-based gospel presentation the Lord gave him called the **FIG LEAF ILLUSTRATION** 

https://drive.google.com/file/d/1DdHIMDf5pNFMsziDk8hCvuHlevuvNAU2/view?usp=sharing

#### PRINTABLE HANDOUT for Fig Leaf Illustration

https://drive.google.com/file/d/1a1PoSAoLF0BmsWCymMwUnuBVXRCDdR8v/view?usp=share\_link

Take time to do the Fig Leaf Illustration. What thoughts come to mind as you do this? How does this connect with your life? How do you sense Jesus inviting you to respond?

Heart Challenge!
(aka your spiritual Aerobic Workout to Strengthen Your Heart!)

1. Continue to read the Bible with a friend or Invite a new friend to read the Bible with you and discuss one chapter

i. How do you feel about doing this?

- ii. What challenges might you encounter doing this?
- iii. What are your plans for doing this?
- 2. Pray for your time doing this and the women you are meeting with or hope to meet with.
- 3. Share the Fig Leaf Illustration with a friend. We always learn something better when we share it with others!
- 4. Read the True Discipleship Story and Journal What does it look like for you to follow Jesus rather than lean on your own understanding as you read the Bible with women?
  - True Discipleship Stories: A Heart That Is Patient Week 4

    <a href="https://docs.google.com/document/d/1UnrdYDrar9JBzisqRSyTa5-xdekanpXWX3">https://docs.google.com/document/d/1UnrdYDrar9JBzisqRSyTa5-xdekanpXWX3</a>

    aAu4kv5V0/edit?usp=sharing

# Dive Deeper (If you have time)

- 1. READ a related True Discipleship Story
- True Discipleship Stories: A Heart That Is Patient Week 4

  <a href="https://docs.google.com/document/d/1UnrdYDrar9JBzisqRSyTa5-xdekanpXWX3aAu4kv5V0/edite]">https://docs.google.com/document/d/1UnrdYDrar9JBzisqRSyTa5-xdekanpXWX3aAu4kv5V0/edite]</a>

  †?usp=sharing
- 2. Enjoy a Quiet Time in Psalm 86:
- How do you see the patience of God evident in Psalm 86?
- Time In God's Word Week 4 HEART TRACK Shared Quiet time
- 3. Work through A Heart That Is Patient BIBLE STUDY
- Time in God's Word Week 4 A Heart That Is Patient BIBLE STUDY
- 4. Watch the Time In God's Word videos:

A Heart That is Patient: Know : https://youtu.be/I2E-eDM9cRY

A Heart that is Patient: Desire : https://youtu.be/01uOng6Lj5E

A Heart that is patient: Choose : https://youtu.be/0EH6vIJMtxw